



Dear Parent or Guardian of student athlete(s),

Athletic participation forms and physical forms are required to be submitted annually in order for your child to participate in the Waller ISD Athletics Program. Waller ISD is providing online athletic forms through **Rank One Sport** to streamline the paperwork process, and to make the process more convenient for families.

Your child will receive a pre-participation athletic physical packet with consent form for Houston Methodist to participate in a physical and an optional ECG consent form on April 17th. If your child is interested in participating in the Waller ISD Athletics Program, Band, Dance or Cheer, all required participation forms must be submitted before athletic participation including try-outs.

The following is a list of Rank One Sport Electronic Participation Forms that must be completed:

- General Information Form
- UIL Forms Signature Page
- Special Medical Information
- Athletic Training Room Policies/Procedures
- Parent/Guardian Consent Athletic Training Room Policies/Procedures
- ImPact Consent Form
- Physical & Medical History Form (This Pre-Participation Medical History form is the only form that may not be completed online. It is included in the packet or it can be printed out. Must be completed and signed by a physician).

The Pre-Participation Medical History form is the only form that must be a paper copy and must be signed by a medical physician whether you choose the school-sponsored physical event that will be held on **April 17th**, or if you choose your own physician to perform the physical. **NO OTHER** physical examination form will be accepted as per the University Interscholastic League. If you choose to complete your physical at Waller High School, one will be provided for you.

The Waller ISD Athletic Program is providing an option to students who may not have a primary care physician or the ability to obtain a sports physical. **Houston Methodist physicians will perform sports physicals at Waller High School on April 17, 2018 beginning at 2 p.m and ending at 5:30pm.** The cost of the athletic physical is \$20 cash. Students have the option to preregister for an optional electrocardiogram (ECG) test. The electrocardiogram will only be offered on the day of physicals and parent(s) have an option to preregister online and pay online or bring consent form and pay (cash only) on April 17th to participate. If interested in participating in this great opportunity please visit the following link:

<https://www.cardeaweb.com/whoweplayfor>

In order for your athlete to participate in the 2018-2019 school year athletics, the following should be completed:

- All forms on the website <https://wallerisd.rankonesport.com>.
- A completed athletic physical form which should be signed by a parent, student and a physician, regardless of where your athlete receives his or her physical.
- To be eligible to participate, ALL Rank One Sport forms, including the athletic physical form, must be completed and turned in no later than May 28, 2018.

On the day of the physical – **April, 17, 2018**

- Wear comfortable clothes, including shorts and a t-shirt
- Bring glasses or wear contacts if necessary.
- The onsite physical cost is \$20. Electrocardiogram ECG (optional test for an additional cost \$ 20) The cost of the two exams would be \$ 40 **Send CASH ONLY!**
- Do not exercise immediately before attending the physical.
- Physicals begin at 2:00 pm. Concluding at 5:30 pm
- Make arrangements to pick up your child from Waller High School.
- Please make sure your student has the appropriate **SIGNED** paperwork. (If you are not going to accompany your athlete. All paperwork should be signed in advance.)

If you have any questions regarding the physicals, please contact the athletic training staff, Christopher “Doc” Aguilar or Victoria “Doc” Carroll at 936-372-4085 or by email at caquilar@wallerisd.net or vc Carroll@wallerisd.net

Sincerely,

Waller ISD Athletic Training Staff: Christopher “Doc” Aguilar and Victoria “Doc” Carroll